



QUALITY CARE CLOSE TO HOME  
**WOUND CARE  
SERVICES**





## WHEN SHOULD I SEEK TREATMENT FOR MY WOUND?

Ask your doctor about visiting the McLaren Thumb Region Wound Care Center if:

- You have a non-healing wound.
- You have a sore with increasing pain, redness, drainage or swelling, foul odor, or a change in color.
- You have a surgical wound that has become infected or is not healing.

## WHAT TO BRING TO YOUR FIRST APPOINTMENT:

- A list of any medications you're currently taking as well as any allergies you're aware of
- Medical records, including radiology reports or studies
- Insurance forms or cards

## HOW TO START HEALING?

When you call for your first appointment, we will ask you a few questions about your wound and your health in general. Before treatment, our team of doctors and nurses will thoroughly evaluate your wound and review your health and medical history. Tests may be conducted to tell us more about your blood flow and tissue oxygenation as well as to determine if there's any infection present. Together with your physician, we'll develop a treatment program based on your special needs. We are in constant communication with your primary care provider throughout your care.

## HYPERBARIC OXYGEN THERAPY

Oxygen is essential for life and healing. Your body needs oxygen to survive. When tissue is damaged, even more oxygen is needed for healing. Hyperbaric oxygen therapy increases the amount of oxygen in your blood, which helps your body fight infection and stimulates healing.

During HBOT, the patient breathes pure oxygen in a pressurized chamber. The air pressure in the chamber is slowly and safely increased to up to three times the normal air pressure, delivering more oxygen to your wounds.

## HYPERBARIC OXYGEN THERAPY (CONT'D)

After a series of treatments in a hyperbaric oxygen chamber, patients often see improved healing of chronic wounds. HBOT can be used in combination with other wound treatments. It is most commonly used to treat:

- Diabetic foot wounds
- Necrotizing soft tissue infections
- Chronic bone infections (osteomyelitis)
- Compromised skin grafts and flaps
- Crush injuries and traumatic wounds
- Radiation tissue damage

## SPECIALISTS WORKING TOGETHER FOR YOU

Our center is staffed with a unique team of providers (each with over a decade of experience in wound care), nurses, and HBO technicians dedicated to healing chronic wounds.

The causes of wounds are complex, and our group represents expertise in all major areas necessary to handle your varied circumstances and challenges. Whatever it takes for healing to occur, we're equipped and staffed to make it happen. No primary care provider referral is needed.



## WHY CHOOSE McLAREN?

At McLaren we are committed to doing what's best for our patients by delivering the highest quality evidenced based care. We offer a multitude of educational classes, support groups, screenings, seminars, and other special events to benefit you and your health.

McLaren is a fully integrated healthcare system including 13 hospitals and countless outpatient sites in Michigan, and we have over 400 employed primary and specialty care physicians.

We also operate Michigan's largest network of cancer centers and providers. Our Karmanos Cancer Institute is one of only 54 national cancer institute designated comprehensive cancer centers in the US.



# MEET YOUR WOUND CARE TEAM



**AVELINA OXHOLM, DO**  
*Wound Care Specialist*



**MARTHA KOGLIN, PA-C**  
*Wound Care Specialist*



**ANGELA STOUTENBURG, DPM**  
*Podiatry*

***THERE'S NO LONGER ANY REASON TO LIVE WITH  
A NON-HEALING WOUND.***

With our caring staff and specialized treatment plans developed just for you, we have what you need to get back on your feet again. Most of our treatments are covered by Medicare/Medicaid, HMOs, and other private insurance plans. We are experts at caring for people whose wounds have resisted traditional treatment.



1040 S. Van Dyke Rd.  
Bad Axe, MI 48413  
(989) 269-6437  
mclaren.org